

SPORTS EVENT



General information

Event:

The Northwestern
francophone Games

Dates:

July 11-15, 2023

Location:

Victoria (BC)

The disciplines

To find out how many spots are
still available and to register,
contact your delegation directly.

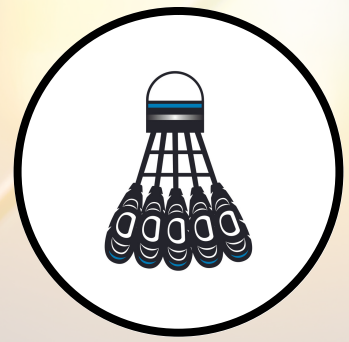
Badminton: 6 spots per delegation

Basketball: 5 spots per delegation

Running: 10 spots per delegation

Ultimate frisbee: 10 spots per
delegation

Volleyball: 6 spots per delegation



BADMINTON

6 spots per
delegation

Program

2 tournaments: one singles and one doubles

The Badminton discipline will feature two tournaments style for participants:

- (1) A singles tournament where each participant will have the chance to win in a knockout tournament.
- (2) A doubles tournament, where teams will be created based on the singles tournament results. Each game is also knockout elimination style.

The semi-finals will determine which teams participate in the gold medal game (finalists) and the bronze medal game.





BASKETBALL

5 spots per
delegation

Program

1 tournament

Basketball will use a regular season format, where each team plays each other once.

Winning a game is worth one point.

At the end of the regular season, the standings will determine the lineup of the playoff games.

The semi-finals will determine which teams participate in the gold medal game (finalists) and the bronze medal game.



RUNNING

10 spots per
delegation

Program

Running is unique for the Victoria JFCNO, as the goal is to be a multi-disciplined athlete for the running competitions. 3 races are planned:

- A long distance road race;
- A trail race at Mt. Doug;
- A variety of short distance track races, including relay races.

Medals will be awarded for best times. There will also be a medal for the top runner in all three types of races (long distance, track and trail).

ULTIMATE FRISBEE



10 spots per
delegation

Program

1 tournament

Ultimate Frisbee will use a regular season format, where each team plays each other once.

Winning a game is worth one point.

At the end of the regular season, the standings will determine the lineup of the playoff games.

The semi-finals will determine which teams participate in the gold medal game (finalists) and the bronze medal game.



VOLLEYBALL

6 spots per
delegation

Program

2 tournaments: a standard tournament and a beach tournament

The volleyball discipline will use a regular season format, where each team plays each other once. Each match is played in 3 sets: 2 sets of 25 points and one set of 15 points. Winning a game is worth one point.

At the end of the regular season, the standings will determine the lineup of the playoff games.

Beach volleyball teams will be created based on the standard tournament. These games will go straight to the knockout stages.

The semi-finals will determine which teams participate in the gold medal game (finalists) and the bronze medal game.